

The

Dalian...

Vol. II 2017



*"We can complain
because roses have thorns
or rejoice because thorns
have roses"*

- Alphonse Karr

Editorial

Time is such a strange thing. Such an important part of our lives and we still don't have control over it. All we can do is hope for it to coincidentally be on our side. It's unbelievable that in two months we'll start a new year again, and even though every year has the same months and the same days and the same schedules, we can't argue that this year was quite different for all of us. A new inter house was introduced this year, the dance inter house, which will now be a part of events every year, we had the Rally for Rivers pioneered by Sadhguru which had been an altogether different campaign from what DC had seen over the past few years.

There are always certain tough phases each and every one of us has to go through in this world, and I must say that stage exists for all the students of DC, the month of September, the grilling exam season where all the activities are paused and the books are greeted, which is of course followed by our much awaited athletic meet with its grand medal ceremony, which certainly motivated us to perform well because anyone would love to be rewarded in such an extravagant manner.

The march past contingents had a larger participation than all these years have had which made the athletic meet even more remarkable. Now all students, staff as well as parents anticipate the APG week, which we hope is more spectacular than ever before.

Nadia Sheikh

XII

Rally for Rivers

The Indore Rally For Rivers took place on the sprawling 118-acre lush green campus of the historic Daly College on 22 September, under the flagship of Sadhguru Jaggi Vasudev of Isha Foundation . Indeed a historic venue for a history-making movement. At the grand regal entrance of the school, the NCC cadets and brass bands were filed meticulously, to welcome the dignitaries, guests and Sadhguru.

The entertainment at the event started with a vibrant and energetic performance of the Daly College students who performed a well-choreographed Kathak fusion dance on the theme of saving our rivers. The lovely and lively sound of Isha band collaborated with Nirali Kartik from the Indian folk fusion band 'Maati Baani' that churned up some superb numbers that got Sadhguru up on his feet, dancing and clapping as the audience followed his cue and did the same.



The dignitaries present on the dais were a mix of politicians (municipal, state as well as central administrators), royalty and board members from the Daly College board of governors and Principal. Every person who came up to the podium expressed their gratitude towards Sadhguru for initiating this nationwide awareness campaign addressing the depleting conditions of our India's rivers and willingly extended their absolute support towards the successful culmination of the Rally.

Manan Pahwa
XI

32nd All India IPSC

Girls Swimming Championship 2017

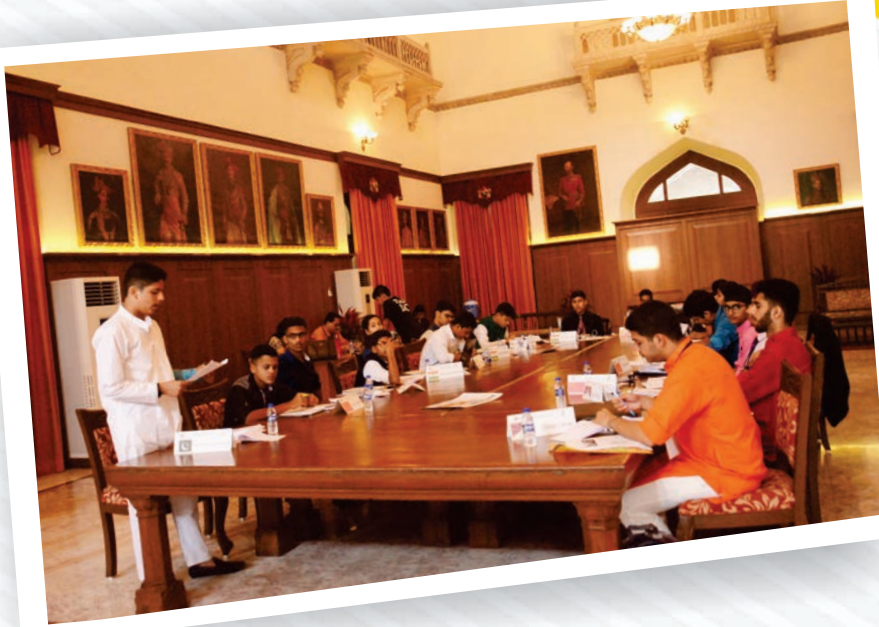
The 32nd IPSC Swimming Girls Championship was held at Vidya Devi Jindal School, Hisar from 26th September 2017 to 28th September 2017. Total of 15 students from The Daly College were escorted by the coach, Mr. Satish Jambhulkar to participate in their respective events and age categories. The Dalians proved their mettle in the championship. A total of 18 teams from different IPSC Schools participated in the competition. The school team bagged a total of 45 medals (Gold-19, Silver-09 and Bronze-17) and won the Championship Trophy in Under-19 category. They were also declared the second runners up in U-14 category. The performance of Siya Shahra, Tarini Kohli, Tanisha Singh Rao and Alia Ali in the U-14



category, Anandi Nair, Vedika Dubey, Gauri Shahra, Jhanvi Agrawal and Zahra Chandurwala in the U-17 category and Tanvi Satish, Naquiya Barwaniwala, Ananya Sharma and Muskan Ahuja in the U-19 category were exceptionally remarkable.

- Zahra Chandurwala
X

IPSC MUN 2017



The first ever Indian Public School's Conference Model United Nations 2017 was organized by the Daly College Indore from 28th September to 30th September, 2017. There were 13 schools and 135 participants who took part in this event.

The theme for the conference was 'Piliriqatigiingniq'-Piliriqatigiingniq: (pee-lee-ree-kha-tee-gee-ing-neek). The concept of developing collaborative relationships and working together for a common purpose. The essential inuit belief that stresses the importance of the group over the individual is the theme chosen by the Dalians. It stands for working for the common good, collaboration, shared leadership and volunteerism. Piliriqatigiingniq also sets expectations for supportive behaviour development, strong relationship-building and consensus-building.

Mrs. Abha Singh Advocate and Social Activist was the Chief Guest for the opening Ceremony where she addressed the delegates and all present speaking on women's issues and how boys and girls can change their mindsets towards more progressive thoughts. She gave very pertinent examples and willingly answered the questions posed by various delegates.

There were 5 committees that debated upon various agendas in this conference, namely:

1. United Nations Security Council- Discussing the situation in Yemen and Gaza
2. United Nations Human Rights Council- Women

Empowerment with special emphasis on the political representation of women and addressing the issue of violence against women

3. Special Political and Decolonization Committee- Discussing the problem of South China Sea
4. Peace Summit- Sino-Indian Border Dispute
5. Arab League- The Qatar Diplomatic Crisis

Every committee saw pro-active delegates, experienced qualitative debate, which further led to exemplary drafted resolutions. To everybody's satisfaction all the committees were successful in meeting their objectives. The Best Delegation Award was bagged by the Modern School, Barakhamba Road, Mayo College Girls' School came second, Mayo College third followed by Daly College.

Mr. Varun Kapoor IPS was the Chief Guest for the closing ceremony. He is the ADG Narcotics and in his presentation and address he talked to the delegates about different categories of drugs and their effects. Thus came the last day of this IPSC MUN and the delegates did adieu to each other.

OBITUARY

The Daly College fraternity mourns the untimely demise of Shibani Chawla. May God give strength to her family to bear this irreparable loss.

RS South Africa

This year's Round Square International Conference was held in Cape Town, South Africa from September 30 to October 5, 2017. It was co-hosted by the following schools- St Cyprian School, George Grammar School and Bridge House School.

Five students namely Khushi Khandelwal, Nakul Jain, Sarthak Agrawal, Shreya Sojatia and Yash Verma escorted by Mrs Sharmila Dominic and Principal, Mr Neeraj Kumar Bedhotiya flew to Cape Town on September 29, 2017.

The conference was inaugurated by His Majesty King Constantine.

The honour of carrying the school flag was bestowed upon me. Yash was selected to represent the school for Prince Alexander Fund Raising. While Shreya, Nakul and Sarthak went to represent the school in the tree planting ceremony.

The theme of the conference was "Unite To Ignite The Fire Within" and we were inspired by the speeches given by the various impressive keynote speakers.

During the next five days we had several wonderful experiences and activities like Amazing Race at the Victoria And Alfred Waterfront, Adventure day (where we had several activities like Table Mountain hike, Cape Point hike), Service day activities (where we visited the schools of underprivileged children)

All the students were put into different Baraza sessions. We made friends with people from different parts of the globe and cultures.

We were hosted by a family of St Cyprian school and it was a delightful experience!



Another unforgettable experience was our visit to the school of underprivileged children. It reminded us of how these children learn to be happy with so little. The Hike to Table Mountain and Cape Point was exhausting but the view that awaited us at the top was worth it.

Another highlight of the trip was the paragliding experience. It was so beautiful to see Cape Town from the top, the vast sea stretches, the big mountains, the city life it was just amazing!

We returned to India on October 6 with wonderful memories which we will cherish forever!

This wonderful trip wouldn't have been successful without the efforts of several people. I would like to thank our Principal Mr Neeraj Kumar Bedhotiya, Mrs Sharmila Dominic and Madam Sarita Badhwar for providing us this wonderful opportunity and also being a constant support throughout.

Khushi Khandelwal, XI

Congratulations !!!

- **Sudipti Hajela** on being nominated for the Prestigious Eklavya Award of M.P. government.
- **Mahak Jain** on receiving the Prestigious IPSC TRUST award for Outstanding Achievement in Sports at National and International Level.
- **Asmat Kaur** for receiving the ISPOR award by Sakshi Malik and the Phogat sisters.

Woodleigh School

Australia Group Exchange

A group of six students along with two teacher escorts visited the Daly College, Indore from September 22– 30, 2017 as a part of the Woodleigh reciprocal exchange programme.

The students were warmly welcomed in the traditional Indian way by the Daly College students who further escorted them throughout their stay. The exchange students were quite lucky to be a part of the “Rally for Rivers” campaign which was launched by Sadhguru, a spiritual master and environmentalist. The campaign was launched as a plea to save the drying rivers of India.

Next day on, the student had daily early morning Yoga sessions in which each and everyone took part enthusiastically. Every day, after having a delicious Indian breakfast; while in the school, the students took part in learning cultural activities such as warli painting, diya painting, Indian dancing and also learning a bit of Hindi. The exchange students were also quite elated and more than happy to help underprivileged kids.

One of the best and most memorable events was the Principal's dinner in which everyone interacted and enjoyed the meal. The students also tried their hand at angling and cooking authentic cuisine with a failed attempt at making “round jalebis”!

For the rest of the week, the students went out and about to visit places like Lalbagh Palace, Kanch Mandir, Rajwada, Mandu and Maheshwar. The exchange students thoroughly enjoyed their educational visit to Jaivik Setu, an organic farm where they learnt about the importance of organic farming and its benefits.

The last three days of their exchange were spent with the host families and they made most of it.

After almost two weeks, the students bid goodbye to Daly College and headed to Agra and Jaipur with hope in their hearts and firm belief that Australians and Indians are always going to be together, never apart.

Ashmi Jha
X



Athletic Meet 2017

The Athletic Meet 2017-18 was inaugurated by our Principal Mr. Neeraj Kumar Bedhotiya on 13th October 2017 and thereafter, the competition got underway and took on a very festive look. The boy's houses were excitingly neck and neck on the point tally. The spirit and zeal of these houses and rigorous practice have shown promise for the near future.

There were 95 events in which the track events included races for 100, 200, 400, 600, 800, 1500, 3000 and 5000 meters apart from the relays and hurdles. The field events included the shot put, discus throw, javelin throw broad and triple jump, high jump and pole vault.

House contingents were also judged for the march past. The event became even more vibrant by the tunes of the school band. There were various displays introduced this year like yoga, aerobics, malkham and gymnastics which gave an opportunity to a large number of students to be a part of this athletic meet. Their performance needs to be applauded for their hard work and wonderful talent these students of varying age group displayed..

This year the athletes were allowed to participate in a maximum of two individual events, it resulted in an increase in the number of participation from approximately 600 to 1000 students.

The meet every year witnesses many new records tumbling. This year, the following new records were created:

1. Under 17-

Riddhi Shrivastava - 400m girls (01.11.04)
Ashmi Jha - discus throw (18.03m)

2. Under 14-

Saumya Rajpal- 200m girls (31.43)
Rachit goyal-long jump boys (5.01m)
Ansh Chawla- 200m boys (28.30)
Vikram house – 4*400m boys relay (4.34.45)

The Best Athlete for this year were:

Boys

U-19 Rohit Sumra
U-17 Yashveer Singh
U-14 Rachit Goyal
U-12 Dushyant P. Singh

Girls

Devangana Chauhan
Riddhi Srivastav
Saumya Rajpal
Siya Shahra



Indeed, it was an untiring and combined effort of all staff, students, and workers which made this event so wonderful and extraordinarily grand. Upholding the true spirit of public school traditions, the winners showed greater generosity and humility.

Someone has rightly said, "You never lose, you either win or let others win and in the end, everyone celebrates the victory".

This mega event was declared 'Closed' by the Chief Guest Lieutenant General Rajeev Chopra, Commandant, the Infantry School, Mhow.

Ashmi Jha
X



IPSC Squash



The All India IPSC Squash Championship 2017 for boys was held at The Mayo College, Ajmer from 8 August to 11 August 2017.

The tournament was played under the following categories U-14, 17 and 19.

The Daly College squash team performed extremely well and were able to end the tournament on a positive note.

In the individual category Anurag Moyde and Aryan Khandelwal won the bronze medal in the U-14 category and U-17 category respectively.

In the team event DC won the silver medal in the U-17 and U-19 category.

The U-17 team consisted of-

1. Aryan Khandelwal
2. Gurkeerat Singh Hora
3. Anant Kasliwal
4. Mradul Agrawal

The U-19 team consisted of-

1. Kanha Garg
2. Manit Nahar
3. Prathamaditya Singh

Manit Nahar, XI

IPSC Shooting Tournament

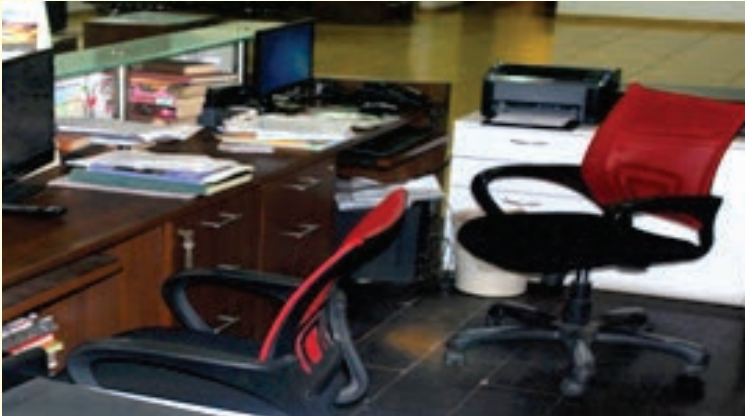
All India IPSC shooting tournament (14th boys and 11th girls) began at Daly College shooting range on 28th September, Thursday. This was inaugurated by our Principal Mr. Neeraj Kumar Bedhotiya. 430 shooters of 19 schools participated in the tournament. The shooters like Rubayat Singh Thakur, Zenab Bandukwala, Mihika Pure, Gurnoor Kaur, Rajkumar Sindhu, Chitra Swaroop Kaur, Yana Rathore, Vaishnavi Rathore, Avinash Yadav, Jyoti Ansu, Priyanka Kanchan and Sanchita, who have represented India in International tournaments were also seen in action. Daly College emerged as winners for the 10th consecutive year in the boys category. In the girls category too they were declared winners for the

9th year in succession. The closing ceremony took place in the Dhirubhai Ambani Auditorium with Colonel Vivek Gupta (VSS, COMMU, Mhow) the Chief Guest and, Commandant Naval Singh was the Guest of Honour for the occasion.



Student Page

Guess The Deskies !!



Darkness

Darkness swallowed me
confusing my senses.
it was pitch black.
Everything vanished;
my family, friends and home.
A shiver ran down
my spine,
where was I?
my eyes blinded,
I wandered,
reaching nowhere,
could this possibly be hell !
My vision clouded
my head swirled,
I could not
understand a thing.
An eerie silence
haunted my ears,
which made me
feel dazed.
I shrieked my lungs out,

just to hear
no reply.
What sort of
punishment was this?
What had I done?
I started to run;
in frustration,
tears rolling down
my cheeks;
only to stumble a hundred times.
I toppled over,
energy drained out
of me.
Was there anythin'
else to live for?
I was ALONE.
I was LOST.
I howled uncontrollably .
Suddenly a bitter smell hit me,
my lungs squeezed,
I couldn't breathe.

I gasped for air,
wishing for the pain
to go,
I couldn't live any more.
When, something
shook me.
Harder and harder than before.
I jumped up,
just to find myself back home,
everything was normal again...

People think:
they don't need a family,
Friends aren't that important.
But believe me,
I know,
the time you spend with them
is precious.
YOU WILL MISS IT LATER.
Shreyashi Chaudhary, VIII

The grass isn't always greener the other side

AYE

More student participation with the formulation of team A and team B for all inter-house sports activities.

Healthy food served at the DC Café.

NAY

All inter-house sports events last a little longer than before.

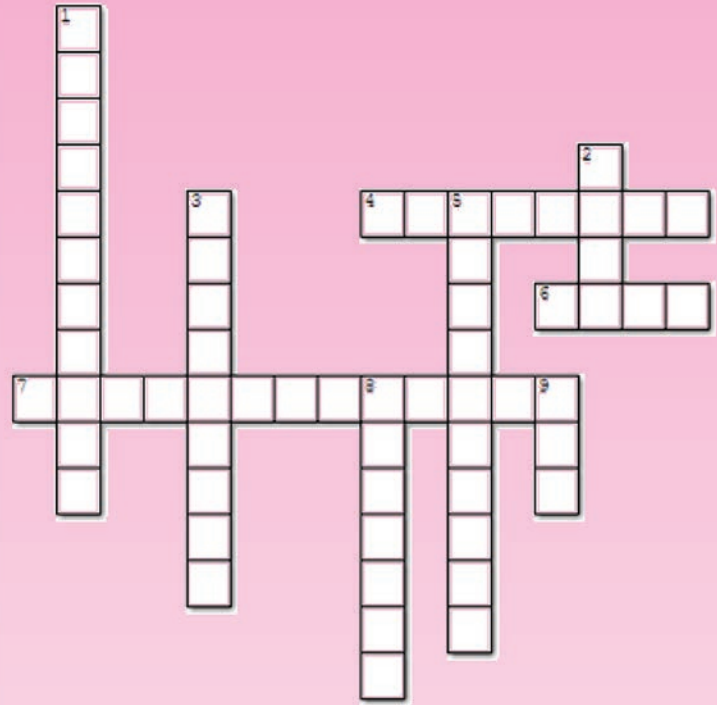
Junk food, chicken, chips and aerated drinks have taken wings.

'Homesick For The Places I Have Never Known'

Between the demons of nostalgia,
 And an urge for the unknown and strange,
 I am constantly torn.
 Hands that used to wrap around my wrists,
 And eyes, not yet met my own.
 My thirsty consciousness wishes to drown,
 In the existence of the lands
 That might do me justice,
 As I wonder what I lost,
 To seed I had never sown.
 As often as it maybe, I am homesick for the places I
 have never known.I starve to catch a glimpse,
 To feel the scent of the people,
 The family, the love I reminisce.
 I am willing to sacrifice every drop of the precious,
 Ruby-stained ocean
 That runs through me,
 To make my presence felt
 To the world,
 I had never been shown.
 My thirsty consciousness wishes to imbibe
 The existence of the familiar,
 And drown,
 In what I lost to the bonds I have never grown.
 As often as it maybe, I am homesick for the places I
 have never known.

- RAJLAKSHMI BAGADIYA , X

CROSSWORD



Across

- **4.** Each and every student wants it whenever he/she has a test in the next lesson
- **6.** One is not allowed to enter here during school hours
- **7.** You'll not find cameras in classes here

Down

- **1.** Its just a piece of paper which can get one into trouble
- **2.** The place where one shows his skills
- **3.** You'll see it closed by 7:56 am
- **5.** The place where one gets his/her books from
- **8.** PCM students wish to have a lesson to go here
- **9.** The only place on recommends a thin guy to go

Down : 1. Report card, 2. CTDC, 3. Gyan Dwar, 5. Stationary, 8. Library, 9. Gym
Across : 4. Hospital, 6. DCBS 7. Main building

ANSWERS

A Meeting with Rusty (Ruskin Bond)

I was introduced to Rusty by my mother. She gifted me a book called "Rusty Runs Away" when I was in class 3.

Though I liked reading stories but reading a Novel, and that to a thick one was something new for me. I was so engrossed in the book that it was difficult to keep it away and play, watch TV or even eat. As I started reading it Rusty and his gang became my friends. By the time I finished reading the novel, I was in harmony with nature. I learnt that Earth not only belongs to us, but other insects, birds, reptiles, plants and trees too. After that I read Room on the roof, The Blue Umbrella, Rain in the Mountains and many more. Ruskin Bond has been the best kind of companion since then. He has entertained, charmed and occasionally spooked us with his books and stories.

I wanted to know more about Rusty; wanted to know how he looked like wanted to ask questions to him; I visited all the places he had mentioned in his stories; I wanted to meet Mr Bond. My mother promised me to take me to Mussoori. And one fortunate morning my mother gave me the news of Ruskin Bond coming to Bhopal for the Literary festival and she will take me to meet him. I was ecstatic and thrilled

I was lucky to get a long weekend. I took half day leave from the school and departed for Bhopal. His session was from 4 pm in the evening. We didn't break our journey in between to reach there on time and thankfully we were there half an hour before the session began. I was eagerly waiting to see him. The

auditorium was crowded with hundreds of people waiting for him. Many children and teenagers were also the part of the crowd. As he entered the auditorium every one stood to welcome him and the auditorium thundered with a round of applause.

He talked about his autobiography "The Lone Fox Dancing" and the characters he has created in his stories. I was surprised when he told that his grandfather died before he was born, and the character of grandfather in his novels was purely fictional. The friends of Rusty really existed and were his friends when he was a teenager. We also met Rakesh who looks after Mr Ruskin Bond and is the part of his adopted family. I was thrilled when I got the opportunity to ask him a question personally.

I asked him who were his favourite authors as a child and what type of books he reads nowadays? He said that Charles Dickens and Wodehouse were his favourites from childhood and nowadays he likes to read books based on History. At the end of the session it was announced that he will meet us after half an hour in the lobby, every one rushed there. By the time I reached, a long queue already existed, I had no choice but to stand and pray. I got answers to my prayers and I got a chance to shake hands with him and got an autograph on his autobiography. I thanked him for making me smile when my spirits were low and opening my eyes to the beauty of natural world and everyday life. I was overwhelmed to see him, meet his adopted family. I decided I'll visit Mussoorie to meet him again.

Birds of DC

Daly College is more than a school, if you see carefully it is a "Sanctuary" that houses more than 86 different bird species. With its campus spread in an area of 128 acres with two lakes, several fields and thick vegetation all around, making it a favourable habitat for birds. Even many marsh and water-birds make Daly College their home.

With so many birds inhabiting the Daly College; the school has organized a club activity for encouraging bird watching for the children. It motivates children to observe birds and admire nature. Before the year 2016 there were only 80 species that were seen on campus, every year this number goes up and currently 86 species have been reported to be seen on the campus. Among the new citing is the rare and exotic Red Avadavat, others include the Night Heron & Scops Owl. I was lucky to spot this rare owl near the .22 Shooting range one afternoon. Other birds that one finds commonly at the Daly College is the Purple Sunbird, White Wagtail, Yellow Wagtail, Grey horn bill, Pond heron, little Cormorant and the Green Bee eater.

Prithviraj Singh
VICIE

On Top Of The World

"Rivers are the lifeline of all living beings." This line is very true and it means a lot.

You know that life on our planet, Earth has started due to the sufficient water present on the Earth.

Rivers had always supported mankind and a plethora of flora and fauna. So, it has become our duty to conserve and protect them for the welfare of our planet.

Sadhguru has made great efforts to keep the rivers

ever flowing and has started a very powerful movement called 'RALLY FOR RIVERS'. The movement has given a strong note and has spread to many parts of our country.

He had recently come to our school, The Daly College and a big event was held.

A paragraph writing competition in English was organised by Camlin to make the beginning of this rally in M.P. I, Vanshika Sangla of class V-B was adjudged the winner in the state. I felt honoured and very proud of myself.

Friends, the rivers of our nation are very special and precious to us. We are very lucky to have these holy water bodies.

Sadly, they are drying up. Our holy rivers like- Ganga, Kaveri, Yamuna, Bhramaputra, etc. have shrunk to half their sizes!

We must take some precautions and strive for their protection. The whole of India should rally together and support RALLY FOR RIVERS!

Vanshika Sangla



Euphoria

2017

'Somewhere over the Rainbow'

Folklore, legends, myths and fairy tales have followed childhood through the ages, for every healthy youngster has a wholesome and instinctive love for stories fantastic, marvellous and manifestly unreal. The winged fairies of Grimm and Andersen have brought more happiness to childish hearts than all other human creations. The Wonderful Wizard of Oz' was written solely to please children of today. It aspires to being a modernised fairy tale, in which the wonderment and joy are retained and the heartaches and nightmares are left out and we adapted it for all our parents. At Jr. School we urge our children to dream and then work enthusiastically towards making them come true and they will find what they want somewhere, someday over the rainbow... A programme like Euphoria is a simple manifestation of true learning, our aim was not to present before the parents a clichéd show, but to bring before them a child who knows what he or she is doing and is delighted at the prospect of doing it. We at the Jr.School believe in harnessing the inborn potential of every child and empowering him with knowledge. And if there

is joy in learning and happiness in gaining knowledge, it will remain with the soul forever. The children enthralled their parents' with a variety of items like Orchestra, Hindi song, Vandana called Mauli-Mauli and the icing on the cake was the English Play.... Somewhere over the Rainbow !! Our Chief Guest for the programme was Mr. Neeraj Kumar Bedhotiya, Principal, Daly College.



Happy Happenings



The post summer months were packed with activities in which the children participated with lot of enthusiasm and House Spirit.

Some of the activities that were organized were Inter House Quiz , Choral Recitations in Hind and English held in July, the Hindi and English Poetry writing competitions and Essay Story competitions were held in August, Hindi Elocution cum character enactment competition took place in September, the English Elocution cum character enactment competition in October, the Hindi and English Essay writing competition held in September and October.

Art and craft activities like Spring is in the Air, The legend of Indian Paint brush, and India of My dreams showcased the talent of the budding artists.



Achievers in 'Eco Achievers'

We had participated in a quiz called SAEVUS Eco Achievers Quiz . The local level for Indore was held at The Daly College. It started with a written round and we won it .After that we went on the stage and we scored outstandingly .We won the local level and proceeded for the nationals.

There were three different categories called Carnivores , Herbivores and Omnivores. Our group was in the Carnivores category. Till the last moment there was a tie and in the tie breaker we answered a question and were in the top six best teams in India .In the last round we came sixth at the National level.



Prithviraj, VI CIE

Results

First Written G.K. Quiz Classes V-VI

Manvi Singh Tomar	V-B	1
Saara S Lunawat	V-B	1
Ishaan Agarwal	V-C	2
Siddhant Shaw	V-C	2
Aneesha Badjatia	V-B	3
Lakshya Bidasaria	V-C	3
Sayan Agrawal	V-C	3
Pehal Kharadkar	V-D	3
Abhinandan Bam	VI-B	1
Mahendra Vikrampal Singh Chouhan	VI-B	1
Bhavdev Singh Chauhan	VI-B	2
Ved Barin Shah	VI-A	3
Arsh Madaan	VI-C	3

Inter House Declamation (English) Cum Character Enactment

Shaurya Marwah	1
Siya Sahara	2
Bhavdev S. Chauhan	3

English Essay Writing Competition Class VI

Arjun Chintey	1
Zuhair Chandurwala	2
Keya Chandani	3
Tarini Kohli	3

Hindi Essay Writing Competition Class VI

Saadgi Garg	VI-CIE	1
Tarini Kohli	VIA	2
Navya Sharma	VIA	3

Inter House Hindi Elocution Competition Best Speakers

Preksha Modi	VIC	1
Abhinandan Bam	VIB	2
Anushka Chitale	VID	

Janmashtami-2017

The celebration of Janmashtami was held in the Jr.School on 18th Aug'2017. All the children of classes I,II and III participated in traditional dresses . A power point presentation on Lord Krishna, a video of 'Breaking of Matki' enthralled one and all. The Bhajan by the toddlers of UKG, an outstanding dance by Aashka Shukla and Vihana Desai as Radha and Krishna mesmerized the audience.

Namita Rathore



सम्पादकीय...

जीवन की अनिवार्य स्थिति है - हार और जीत।

दोनों का संबंध मनुष्य के मन से है। जहाँ मन की शक्ति सबल होती है वहाँ जीत होगी। जहाँ मन की शक्ति क्षीण होगी वहाँ पराजय होगी। मन की शक्ति ही डर की भावना को दूर भगाती है, विषय परिस्थितियों से जूझने का साहस देती है। डर को हराकर ही जीत पाई जाती है। 'डर के आगे जीत है' विजय को केन्द्र में रखकर इस अंक में हमने रचनाएँ प्रस्तुत की हैं। आशा है यह अंक आपको पसंद आएगा।

आयुष चौधरी
10वीं

डर को डराओ

जीवन में आगे बढ़ने के लिए सर्वप्रथम जरूरी होता है अपने मन के डर को पराजित करना। सफलता की सीढ़ी में सबसे बड़ा बाधक होता है, हमारा डर। यह हमें अपने लक्ष्य को हासिल नहीं करने देता। वास्तविकता में डर का कोई अस्तित्व नहीं है। यह केवल हमारे अंतर मन का वहम होता है जो विभिन्न परिस्थितियों के कारण उत्पन्न हो जाता है। यह बहुत घातक होता है। ऐसे अनेक उदाहरण हैं जो यह बात सिद्ध करते हैं कि डर के कारण बहुत से होनहार व्यक्ति जीवन में सफल नहीं हो पाए। आज के समाज में डर का एक विशाल रूप है अंधविश्वास, यह अंधविश्वास ही उसे अपने कर्तव्य को पूरा नहीं करने देता। डर से तनिक भी लाभ नहीं होता, होती है तो केवल हानि। अमूल्य समय भी डर के कारण नष्ट हो जाता है। इसलिए, अपने लक्ष्य को हासिल करने के लिए डर को डराना बहुत आवश्यक होता है। एक बार यह भले ही बहुत कठिन लगे, परंतु यह जरा भी मुश्किल नहीं होता। सब कुछ हमारे मन का खेल है। यदि हमने अपने मन से डर को हटा दिया तो वह हम पर हावी नहीं हो सकता। डर केवल एक नकारात्मक भावना है जिससे बड़ी सफलता से पराजित किया जा सकता है। आपने वह कथन तो सुना ही होगा, 'डर के आगे जीत है'। निःसंदेह ही यह कथन सत्य है। जब तक व्यक्ति के मन में डर है, वह नहीं जीत सकता। जैसे ही व्यक्ति ने अपने मन के डर को पराजित कर उसे अपने मन से हटा दिया, कामयाबी उसके कदम चूमेगी।

इसलिए अंतर मन में ध्यान लगाओ।

डर से निडर होकर तुम अब डर को डराओ ॥



- अक्षत अग्रवाल
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फिर से, हर रोज, बार-बार काँच मंदिर में आता हूँ पर न जाने इस बार भक्ति भाव व वातावरण बदल-सा गया है। 'डर' का डरावना वातावरण का न जाने कोई गला घोट रहा है। वी.आई.पी. दर्शन की प्रथा पर बड़े पुजारी ने प्रतिबंध लगा दिया है। जिससे कई लोग आस्तिक हो गए हैं। समय के साथ यह बदलाव जो डरावना लगता था आज वह मनमोहक सा प्रतीत होता है। मंदिर की दीवार रोज बढ़ती है परंतु अब उन पर चाँदी की परत भी साफ नज़र आती है। लंबी आरती से आज भक्तिभाव बढ़ा तो है पर आज भी वैश्विक भाषा को अत्यधिक बढ़ावा दिया जा रहा है। यह उचित है पर मातृभाषा के रक्त से इसकी सीढ़ियों का निर्माण करना न्यायपूर्ण नहीं लगता। प्रसाद के लिए तो आजकल कतार लगने लगी है, लोग बड़े चाव से राजकीय भोग का आनंद ले रहे हैं, वहीं जो बच जाता है वह गरीबों में बँट जाता है। नाम की गुंदा-गर्दी बढ़-सी गई है। आज भी छोटे पुजारी द्वारा ज्वलंत आँखों के भय से आरती कराई जाती है, सखियों के साथ भ्रमण धर्म परिवर्तन जितना बड़ा अपराध है। मंदिर संघ के एक मंदिर से सहायक पुजारी को भी न्यौते दिए गए थे पर न जाने वह सिर्फ घंटी बजा कर प्रस्थान कर गए। मंदिर विकास समिति में कई भक्तों की बात नज़र अंदाज़ की जा रही है। आज डर है पर उत्साह भी और चुटकी भर डर से मंदिर में विकास किया जा रहा है जो की सराहनीय है और मैं मेरा क्या है? मैं तो निश्चल हूँ, शंखनाद सुन आता हूँ और चला जाता हूँ।

- प्रद्युम्न मालपानी

हार का दूसरा नाम डर

एक व्यक्ति सफल तभी होता है जब वह अपने डर को काबू में करे। कामयाबी कदम चूमेगी यदि हम डर को डराना सीख जाए। कई बार ऐसा होता है कि हमें कोई कार्य आता है परंतु फिर भी हम डर के कारण पूरा नहीं कर पाते। यदि लोग डरते तो आज रस्सी पर न चल पाते, न गाड़ी कभी पहाड़ पर चला पाता। हर एक व्यक्ति अपने जीवन में एक न एक बार हारता है और उस हार से ही वह सीखता है। यदि हारने के बाद, हम उस कार्य से डर जाए तो कामयाबी नहीं प्राप्त होगी डर एक ऐसी चीज़ है जो भले से भले व्यक्ति को भी गिरा सकती है। डर ने अपना जाल फैला रखा है और जो इस जाल में फंस गया समझो वो हार गया। जीतने का यही एक उपाय है। डर तो बस एक छोटी-सी चीज़ है, परंतु इसको हराना कठिन नहीं है। कई लोगों ने डर के मारे अपने जीवन को बरबाद कर दिया। इसलिए सफलता प्राप्त करने लिए डर को हराना होगा, नहीं तो डर का दूसरा नाम हार ही होगा।



अमेया नंबूदिरी
10वीं

निडर बनो

बिना डरे आज तक किसी भी मनुष्य को सफलता की प्राप्ति नहीं हुई है। कोई भी कार्य करने से पहले हर मनुष्य को मन ही मन डर लगता है। हम लोग ज्यादातर कार्यों को करने से पहले डरते हैं जब हम कुछ नया चखते हैं तो हमें संकोच होता है, डर लगता है कि उस व्यंजन का स्वाद कैसा होगा ? एक व्यक्ति जब अपनी नौकरी के लिए साक्षात्कार देने जाता है तब भी उसके मन में डर मंडराता है और वह घबराता है।

“डर के आगे जीत है” इस पंक्ति को मैं अपने एक अनुभव द्वारा स्पष्ट करना चाहती हूँ। एक बार की बात है जब मैं अपने पुराने स्कूल में थी तो मैंने वाग्मिता प्रतियोगिता में भाग लिया था। मैं प्रतियोगिता में प्रथम आने के लिए दिन-रात अभ्यास करती थी। प्रतियोगिता के एक दिन पहल मैं अपने दोस्तों के साथ एक पार्टी में गई थी। वहाँ मैंने ज्यादा टंडी चीजों का सेवन किया। उस दिन रात तक मेरी आवाज़ लगभग बंद हो चुकी थी। सुबह उठते से ही मैंने दवा खाई और शीघ्र ही स्कूल चली गयी। मुझे प्रतियोगिता का डर तो था ही किन्तु मेरी बंद आवाज़ ने मेरा डर दुगुना कर दिया था। मेरे मित्रों ने मुझे प्रोत्साहित किया और मेरा आत्मविश्वास बढ़ाया। आखिर वह घड़ी आ ही गयी, जैसे मैंने मंच पर कदम रखा मेरे पैर काँपने लगे और मैं घबराने लगी। मैंने जब बोलना शुरू किया तो मुझे इस बात का भय था कि कहीं मैं बोलते - बोलते अटक न जाऊँ। परन्तु ऐसा कुछ नहीं हुआ और मैंने बहुत खूबसूरती से अपनी बात रखी और महसूस किया कि यदि आगे बढ़ना है तो जीवन में नकारात्मक विचारों पर विजय पानी होती और हमें डर का सामना करना होगा।

यह जीवन का एक बड़ा सच है जो हर छोटे से छोटे प्राणी, पक्षी, जीवजन्तु, मनुष्य सब पर लागू होता है। नन्हा पक्षी उड़ान भरने से पहले डरता है, शेर का छोटा बच्चा जब पहली बार गुफा से बाहर अकेले आता है जो भयभीत होकर ही जंगल का सामना करता है उसी तरह हम और आप भी कहीं न कहीं नयी चुनौती नहीं शुरुआत के समय डरते हैं पर मित्रों, हमारा विश्वास, हमारी तैयारी और आगे बढ़ने की इच्छा एक दिन इस डर को हरा देती है, यही हमारी जीत है। इसीलिए तो विवेकानंद ने कहा था - निडर बनो - असफलता की चिंता मत करो।



मान्या होरा
आठवीं 'अ'

मन के जीते जीत मन के हारे हार

यह वाक्य तो हम सबने कई बार सुना होगा पर क्या आपने इस पर कभी गौर किया है ? असल ज़िंदगी में देखा जाए तो हार और जीत क्या है ? यह आपके अंदर की एक सोच है। अगर आप किसी कार्य में असफल हैं तो आप उसे हार मानते हैं और अगर सफल तो जीत। जबकि हार जैसा सब लोग कहते हैं तो सिर्फ एक सबक है जिसका सब को अपनी ज़िंदगी में एक न एक बार सामना करना पड़ेगा क्योंकि विजयी व्यक्ति कभी न कभी तो हार का सामना करता ही है।

अब प्रश्न उठता है जीत कैसे हासिल करें ? जीत को हासिल करने के लिए हमें मानसिक रूप से दृढ़ होना पड़ेगा। यह अति आवश्यक है। जो लोग कार्य करने से पहले ही सोच लेते हैं कि वे उस कार्य करने में असफल हो जाएँगे तो वह जरूर असफल होते हैं। मांझी पहाड़ इस कारण तोड़ पाया कि उसने मन में पहले ही दृढ़ निश्चय कर लिया था कि मैं इस पहाड़ को तोड़ कर बताऊँगा। मन-तन से ज्यादा ताकतवर है इसलिए हमें अच्छा ही सोचना चाहिए। मन में पहले ही ठान लेना चाहिए कि मैं इस कार्य को कर लूँगा और फिर सफलता आपके चरण चूमेगी।



शौर्य विक्रम सिंह

जो डर गया वो मर गया

डर एक ऐसी भावना है जो इन्सान को उसी के मन में कैद कर लेती है। इस कैद से कोई जीव नहीं बच सकता। यह एक ऐसा भाव है जो ज्यादा होने पर भी हानिकारक ज्यादा है और कम न होने पर भी लाभ दायक है। जिसने इसे वश में कर लिया, मुश्किल से मुश्किल चीज़ आसान हो जाएगी। किसी कवि ने सही कहा है कि 'डर के आगे जीत है' एक लड़की के पैर कटने के बावजूद किस प्रकार वह असहाय लड़की अपने डर को पीछे छोड़ कर अब दुनिया के सबसे ऊँचे शिखर 'माउंट एवरेस्ट' पर जीत हासिल कर चुकी है। यदि मनुष्य किसी मुश्किल कार्य से डर जाए तो वह कार्य उसके लिए असंभव हो जाता है पर यदि वह उस डर को हरा दे तो उसकी जीत पक्की है।

कई लोग तो डर के कारण आत्महत्या तक कर लेते हैं और अपनी ज़िंदगी से हार जाते हैं, इसलिए तो कहा जाता है - 'जो डर गया समझो मर गया'। तो कभी किसी कार्य को करने से मत डरो फिर देखना जीत खुद दौड़ कर तुम्हारे पास चली आएगी।



स्पर्श गोयल
9वीं

डर असफलता का कारण है

'डर के आगे जीत है' इसका साधारण मतलब है कि जो व्यक्ति अपने डर को हरा दे वह व्यक्ति सदैव जीत हासिल करता है। सबको किसी न किसी बात का डर होता है पर उसे जीतने वाले को कहते हैं बाज़ीगर। जो व्यक्ति अपने डर को हरा देता है वह अपनी ज़िंदगी में आगे बढ़ता है। किसी भी चीज़ का डर अगर हम पर हावी हो जाए तो वह हमें काम करने से रोक देता है जो हमारी असफलता का कारण बनता है। अपने डर से जीतने के लिए हमें अपने आप को अपने डर का मुकाबला करने के लिए तैयार करना चाहिए क्योंकि किसी भी समस्या का हल उससे भागना या उसे अनदेखा करना नहीं होता। बचपन से ही अगर हम कुछ नया करने जाते हैं तो हमें डर रहता है कि दोस्त क्या कहेंगे सब क्या सोचेंगे और लोग क्या कहेंगे, यह डर हमें आगे बढ़ने से और तरक्की करने से रोकता है। अगर आज़ादी के आंदोलन के दौरान बापू अगर अंग्रेजों से डर जाते या अपने डर का डट कर सामना न करते तो क्या आज हम इतनी सुखद ज़िंदगी जी रहे होते। अगर हम डर के आगे घुटने टेक दें तो क्या हम कुछ कर पाएँगे? बचपन में अगर हम यह न सीखते कि डर का काम सिर्फ हमें कमज़ोर करना है तो क्या आज कोई भी उपलब्धि या जीत हासिल कर पाते।

अगर हम सफलता के मार्ग पर चलेंगे तो हमें डराने के लिए सारी चीज़ें सामने आएँगी हमें सिर्फ उसे अपने दिलो दिमाग में हावी नहीं होने देना है। जिस-जिस के अंदर डर होता है उस-उस के अंदर उस डर को मिटाने के लिए हिम्मत होती है। यदि यह विश्वास हम मन में रखें तो मित्रों हर डर के आगे आपको जीत मिलेगी।

अक्षय जैन
9वीं-बी

डर गायब हो गया

'डर के आगे जीत है' मैं इस बात से पूर्णतः सहमत हूँ और इसे सिद्ध करने के लिए मैं अपना एक अनुभव बताना चाहता हूँ - इस वर्ष की अंतरगृह संगीत प्रतियोगिता में मेरे प्रदर्शन के पहले मुझे बहुत डर लग रहा ताकि कहीं मैं भूल न जाऊँ मेरी आवाज़ फट न जाए परंतु जब मैंने जीत के बारे में सोचा तो मेरा पूरा डर गायब हो गया और मैंने निडर होकर गया और हमारा गृह पहला आया।

पार्श्व सिंघल, 8वीं

डर के आगे जीत है

कहा जाता है कि 'डर के आगे जीत है', खुद के डर पर काबू पाने वाला व्यक्ति जीवन में हर लक्ष्य को आसानी से हासिल कर लेता है, वही डरने वाला व्यक्ति जीवन भर अपनी क्षमताओं को जान नहीं पाता। अगर आगे बढ़ना है, तो सबसे पहले अपने मन से डर दूर करना होगा। कुछ लोग ऐसे होते हैं, जो थोड़ा-सा जोखिम भरा काम हुआ नहीं कि उस काम से डर कर उसे न करने का मन बना लेते हैं, यह सही कदम नहीं है, अगर कार्य करने से पहले ही आप इस बारे में सोचते हैं, तो जीवन में आप कभी आगे नहीं बढ़ पाएँगे। डर को दूर करने के लिए अपने अंदर के साहस को जगाएँ, इतना आत्मविश्वास बनाएँ अपने आप में कि हर कार्य को कर पाने का साहस हो। डर इंसान को नकारात्मकता की ओर ले जाता है। लोगों के मन में कई बातें होती हैं, जैसे-मेरे ए.टी.ए.म. से पैसे चोरी हो जाएँगे, मैं अकेले खरीददारी करने जाऊँगी तो ठग लेंगे, ऐसे झंझट वाला काम नहीं होगा, छोड़ो जाने दो या अपने कार्य को दूसरों के ऊपर मढ़ना, ये सब डर ही तो है। खुद न कर पाने का साहस नहीं है तो वो निश्चित ही डर है, और इसे ही दूर करना है। आपको सबको शक भरे नज़रों से देखना, ऐसे समय में आप कार्य को पूरी तैयारी से करने की कोशिश करे, अपने निर्णय पर शंका न करें। कई लोगों में तर्कहीन डर भी होते हैं, जैसे गाड़ी चलाऊँगी गिर गई तो, कुछ दिनों से स्वास्थ्य खराब है तो इसलिए चेक अप नहीं कराना क्योंकि अंदर बैठा डर कह रहा है कि कुछ बड़ी बीमारी निकल जाएगी। तो आज के बाद इन सब बातों से डरना मत और डर के आगे ही जीत है।

रुद्रप्रिया राणावत, 7वीं

डर पर जीत मेरा अनुभव

डर के आगे जीत है - हाँ दोस्तो, मैं इस बात से सहमत हूँ क्योंकि डर तो सभी को लगता है कोई काम आरंभ करने के पहले लोग उसमें असफल होने से डर जाते हैं लेकिन असफल होना बुरी बात नहीं। असफलता तो सफलता की शुरुआत है। गुरुत्वाकर्षण की खोज के दौरान न्यूटन कई बार असफल हुए लेकिन अगर वे डरकर वह खोज छोड़ देते तो क्या उनका नाम विश्वभर में प्रसिद्ध हो पाता? ऐसे कई उदाहरण हैं जिनके द्वारा हम जान सकते हैं कि डर के आगे जीत है। ऐसा ही मेरा एक अनुभव मैं आप सभी को बतलाना चाहती हूँ। मैंने पहले कभी मंच खड़े होकर दूसरों के सामने नहीं बोला या पर जब मुझे हिन्दी वामिता और हिंदी नाटक में हिस्सा लेने के लिए चुना गया तो मैं बहुत डर गई कि कहीं मैं कुछ भूल ना जाऊँ या अटक ना जाऊँ लेकिन फिर मैंने अपने आप को प्रोत्साहित किया कि हाँ यह मैं कर सकती हूँ और मेरा डर गायब हो गया जिससे मैंने बहुत अच्छा प्रदर्शन किया। मैं एक और उदाहरण द्वारा बताना चाहती हूँ कि डर खत्म कर हम जीत हासिल कर सकते हैं। जैसे मलाला यौसफज़ई आम लड़की है, जिसको अब कौन नहीं जानता? उन्होंने लड़कियों के अधिकार के लिए आवाज़ उठाई, वह किसी से भी नहीं डरी और उन्होंने जीत हासिल की। महात्मा गाँधी व हमारे देश के शहीदों ने भी इस कथन को सही साबित कर दिया।



सुहानी पाठक,
8वीं

डर के आगे जीत है

डर जीवन का हिस्सा है और यह हर किसी के जीवन में होता है लेकिन कभी-कभी हम डर को अपनी आदत बना लेते हैं और डर इतना हावी हो जाता है कि हमारा जीवन मुश्किल हो जाता है। डर का सबसे बड़ा कारण आत्मविश्वास की कमी है। जब हम अपने आरामदायक दायरे से बाहर कोई कार्य करते हैं, तो हमें डर लगता है पर डर का सामना करके ही डर को मिटाया जा सकता है।

सफलता उसी व्यक्ति को मिलती है, जो डर को भूलकर हिम्मत और साहस रखता है। जिस प्रकार डर हमारे अंदर होता है, उससे सामना करने की शक्ति भी हमारे पास ही होती है। सफलता उसी को मिलती है जो डर को उनकी राह की बाधा नहीं बनने देता और उससे उभर कर जिंदगी में आगे बढ़ता है।

सिया अरोरा, 8वीं

अपनी क्षमता को पहचानो

“हम निडर तब बनते हैं जब हम वो करते हैं जिसे करने से हमें डर लगता है।”

‘डर के आगे जीत है’ - इस वाक्य का अर्थ है कि हमें डरकर नहीं बैठना चाहिए, हमें निडर होकर रहना चाहिए तभी हमें सफलता प्राप्त होगी। अगर कभी हम डर जाते हैं और सत्य की जगह असत्य बोलते हैं तो हमें आगे चलकर बड़ी कठिनाइयों का सामना करना पड़ता है। यदि हम उस वक्त निर्भय होकर सच बोलते हैं तो हमें ज्यादा कठिनाईयाँ नहीं होती। सही कहा है किसी ने -

“मन के हारे हार है, मन के जीते जीता”

अर्थात् हमें अपने मन में हार को डरकर स्वीकार नहीं करना चाहिए बल्कि मन में जीत टानकर जीतना चाहिए। डर कहीं और नहीं बस दिमाग में होता है। डर जीवन का हिस्सा है और वह उम्र नहीं देखता। डर हर किसी को लगता है कभी आत्मविश्वास की कमी से तो कभी सत्य बोलने से या कोई नयी चीज़ करने हेतु परंतु इस डर को हमें आदत नहीं बनानी चाहिए। जिससे डर इतना हावी हो जाए कि जीना ही मुश्किल हो जाए। इस पर आचार्य चाणक्य ने भी कहा है -

“जैसे ही भय आपकी और बड़े उस पर आक्रमण करते हुए उसे नष्ट कर दो।”

अर्थात् भय को अपने आप को काबू नहीं करने देना चाहिए, उससे लड़कर डर को खत्म कर सफल होना चाहिए। अगर आगे बढ़ना है तो डर को दूर करना होगा। खुद के डर पर काबू पाने वाला व्यक्ति आसानी से अपने लक्ष्य को प्राप्त कर सकता है परंतु डरने वाला व्यक्ति जीवन भर अपनी क्षमताओं को पहचान नहीं पाएगा।

परिन्दों को नहीं दी जाती, तालीम उड़ने की....

वे खुद ही तय करते हैं, मंज़िल आसमानों की....

रखते हैं जो हौसला, आसमान को छूने का....

उनको नहीं होती परवाह, गिर जाने कि....

हिमांशी आसूदानी, 7वीं

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